

Keep Your Mind and Body Fit Enough to Enjoy Your Family Now and in the Future.

Folic Acid

Protect your mind from deterioration.

Folic Acid is a B-vitamin that is essential for DNA synthesis. As such it plays a major role in the body and its deficiency has been implicated in a variety of disorders. For example the following disorders are correlated with low folate levels: Alzheimer's disease, dementia, irritability, forgetfulness and nerve damage. Folate supplementation can decrease the body's production of homocysteine - an amino acid associated with various ailments such as blood clots, strokes, Parkinson's, Alzheimer's and other neurological and cognitive problems.



Taurine

Keep fit down to your cellular level.

Taurine is a sulfur containing amino acid that is needed in a dietary source to avoid deficiency diseases. It is involved in a variety of different physiological processes including: the conversion of metabolic wastes into water-soluble salts, membrane stablilization, detoxification of pro-oxidants such as hypochlorous acid and chloro-carbons, and regulation of calcium ion flux across membranes. Taurine has been used with varying degrees of success to treat a wide variety of conditions, including: cardiovascular diseases, epilepsy and other seizure disorders, Alzheimer's disease, hepatic disorders and cystic fibrosis.



Idebenone

Stimulation is key to protecting your memories.

Idebenone is a CoQ10 variant that seems to work better at improving cognition, treating brain disorders, and protecting the body from low-oxygen levels. Idebenone crosses the blood brain barrier, allowing it to protect the brain and improve its metabolism. By stimulating Nerve Growth Factor (NGF), a key player in neuron health that must be produced in the brain, Idenebenone can counteract the effects of aging and help reduce the damage from brain disorders like Alzheimer's, Parkinson and Huntington's disease, and Friedrich's Ataxia. It also boosts serotonin, dopamine, and neurotransmitter levels and improves nerve

a free-radical scavenger and is eight times more potent than aspirin as a blood clot inhibitor. Many people choose to supplement both with CoQ10 and Idebenone.

\$27.95 45 mg 60 capsules

5 mg

100 capsules

\$12.95 750 mg

100 capsules



Buy 2 Get 1 FREE!

function. Equally important is Idebenone's role as a neurotransmitter. Idebenone is superior to CoQ10 as

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